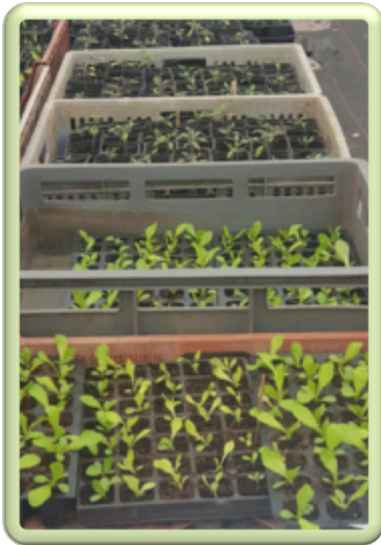




Seedling donations across the Liverpool City Region

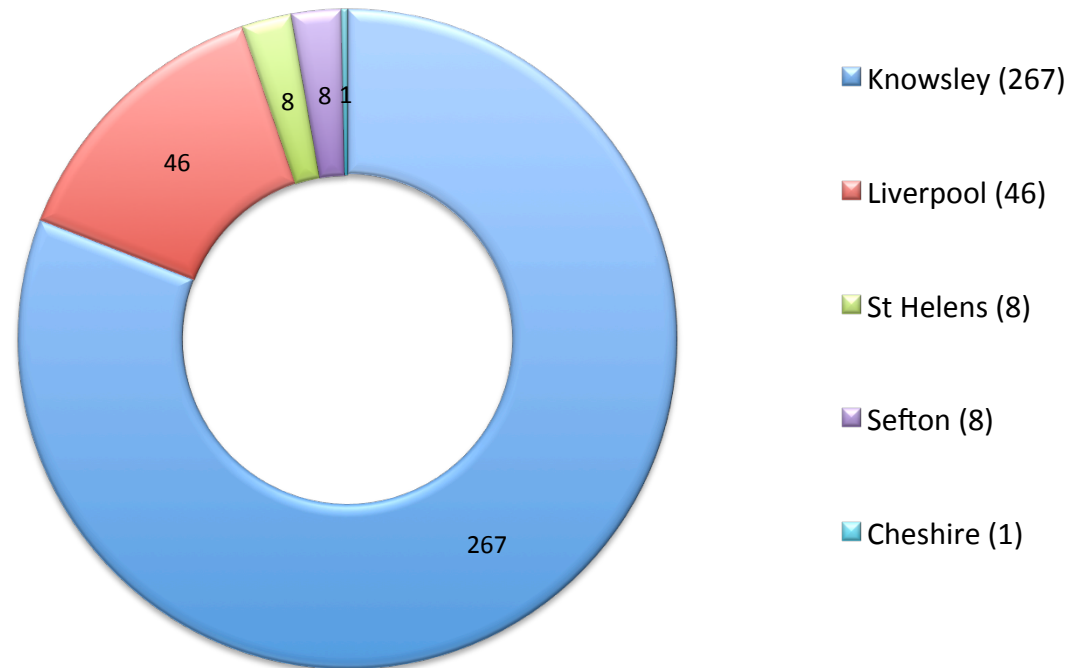
Impact Report



March - July 2020

**Court Hey Park
Roby Road
L16 3NA**

Incredible Edible Participants (Total 330)



How the seedling donations began

Incredible Edible Knowsley works with the community to grow food that is then given free across Knowsley. However, when the Government announced the lockdown in March 2020 the other sites we were going to be working on had closed and we were left with lots of seedlings that we did not want to see go to waste.

We came up with the idea of donating the seedlings to people in the Community, so that they could grow at home. Some of the reasons for this were –

- Growing food and being outdoors is good for a persons mental wellbeing
- Providing an activity to those who were now having to stay at home
- Giving people the opportunity to learn a new skill

This was then advertised on our social media, Knowsley news and BBC Radio Merseyside. The response we got for the free seedling was fantastic and within a Matter of a couple of days we have over 150 people on a waiting list.



How the seedling donations continued

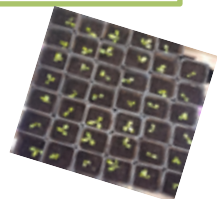
The Swanside and Roby Councillors kindly offered to support with the deliveries of seedlings so that everyone who wanted the opportunity to grow at home could start regardless of their situation.

The requests started to come not just from Knowsley residents but across the Liverpool City Region, Cheshire, Chester, Widnes, Warrington and Manchester.

We applied for funding so that we could continue with the seedling donations as the feedback from people on how much this was benefiting their mental wellbeing. We also received requests from schools, supported accommodations, hospitals, mental health units and other community groups.

We received funding to continue the seedling donations from The Steve Morgan Foundation, LCR Care and Awesome Liverpool.

Our brilliant volunteers continued to attend site at Court Hey, following the Government guidelines. They worked hard making sure that the seedlings were continued to be sown and maintained so they could go out to people across the Liverpool City Region. Our aim was to also grow fresh vegetables at Court Hey so that this food could be donated to food banks in Knowsley.



Councillors Colin Dever and Graham Morgan



6110 Seeds

Councillors Graham Morgan and Colin Dever



4642 Seedlings

Councillor Hughie Malone



Deliveries

3 x Supported Accommodations



**Councillors
Kevin and Chris Bannon**

544 deliveries

Mossley Hill Hospital



1 Hospital & 2 Mental Health Units



Paul Meadows



Councillor Margaret Harvey

330 Homes

Meadow Park School



8 Schools and 2 Nurseries

Chocolates



Seeds



Biscuits & Cards



Wheelbarrow



Trays



Money

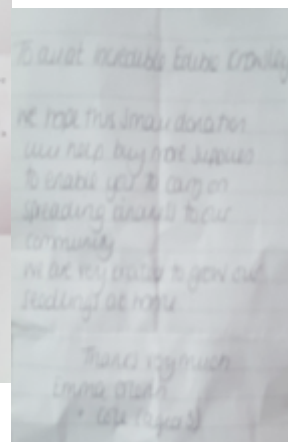


Pots



Letters

Compost

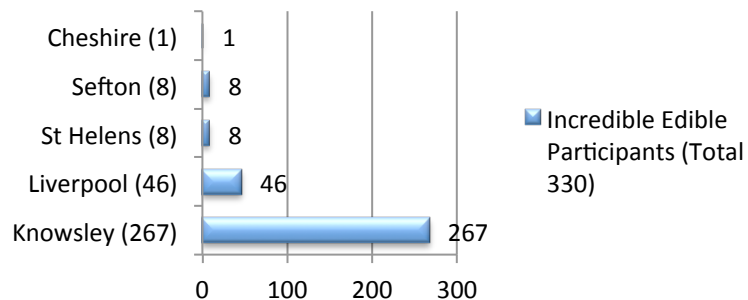


Seed potatoes

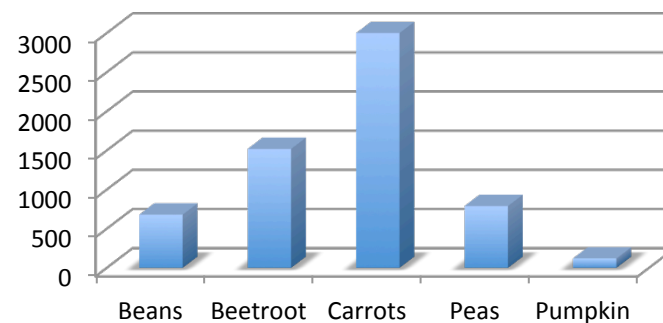


Sunflowers

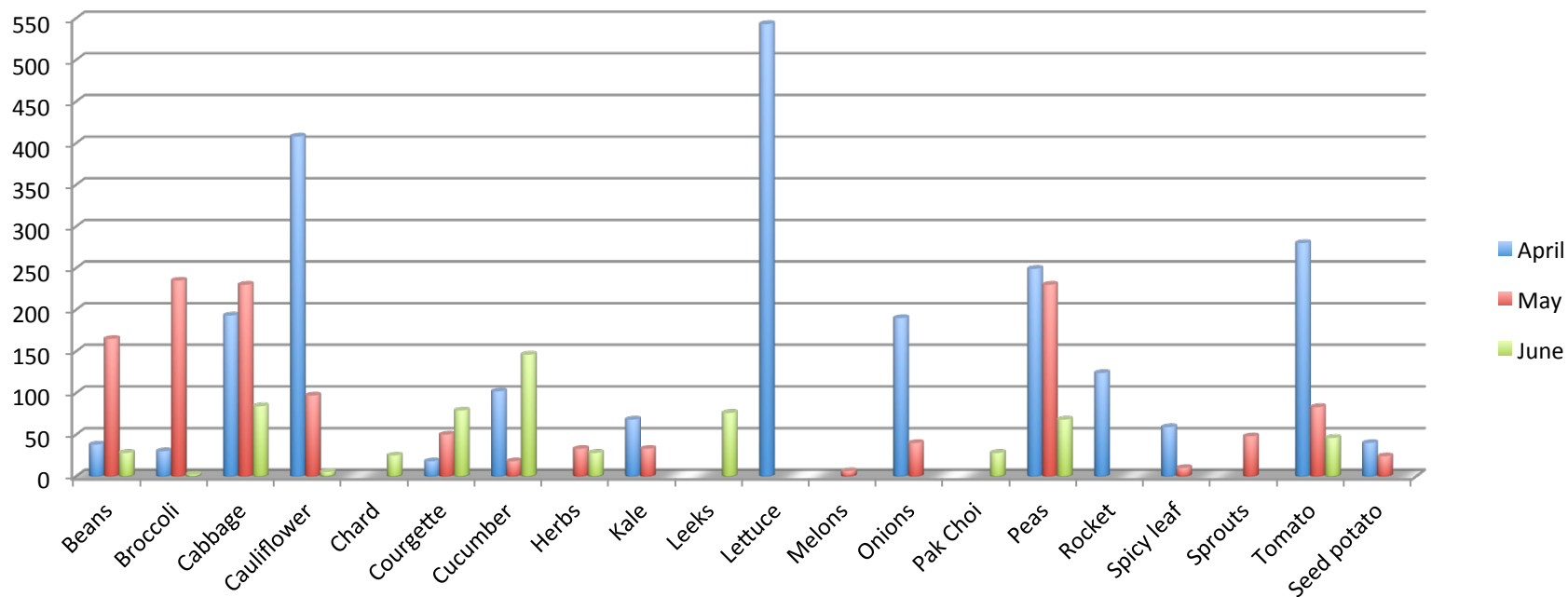
Incredible Edible Participants (Total 330)



Seeds donated



Seedlings donated



Lorraine Clare McNamara Our seedlings are coming along nicely... This is great, I love all the things you do for the community, my daughter is so excited for our veggies to grow and try them . Thank you x



Lynn Ambrose And cucumber. Got courgettes, kale and I think it's cabbage too. Thank you for all my veg seedlings xx

Lisa Pover Amazing. Well done. Such a valuable thing to be doing. Thank you x



Helen Kirkham Thank you for all my seedlings. I'm enjoying growing so much and hope we can find somewhere local so we can have lots growing next year. This is my veg patch with my mutant cabbages

Lucie Devine Penman
Thank you for our seedlings
my kids are so excited x

Michele Duckworth You and your volunteers do amazing work and thank you for what you are doing in the community x Looking forward to seeing you all X

Janette Ryan Fabulous work to bring community together. We would love to come and help out as a family. Our peas are doing well. Well done to all the team x

Lesley Wareing My mum and dad have been isolating since the start of this just wanted to say thank you so much for the tomato plant that you dropped off for them last week we are so grateful



Natalie Ellis-Flynn My mum and dad have been isolating since early march, I gave my dad my tomato plant and peas, the smile on his face was priceless, can't thank you enough for what you bring to people. My first little harvest x

Jay Lawless Thanks for the seedlings today. You are all doing great work



Victoria Collins
Thank you for my seedlings x



Susan Elliott Thank you for our seedlings. Happy hubby



Andrea Hawksey

Thanks for dropping the seedlings off, we really enjoyed planting them. We are looking forward to our tomatoes and cucumbers

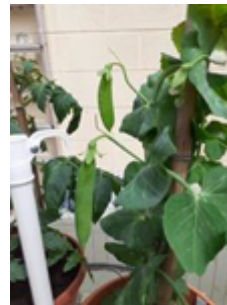


Debbie Jones Thank you for the tomato plants that you left for me to grow. Never grown them before but having a go. Doing this has really helped me during lockdown and my continued chemo treatment. Thanks again



Helen Kirkham Thank you for all my seedlings. I'm enjoying growing so much and hope we can find somewhere local so we can have lots growing next year. This is my veg patch with my mutant cabbages

Friends of Springfield Park Lovely to meet you today and thank you so much for the seedlings to kick start our Alder Hey kids veggie patch

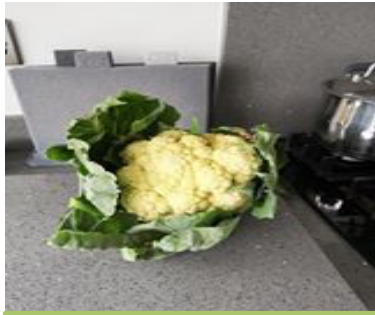


Clare-Jane Kinch-Smith Thank you so much for our seeds and seedlings we have potted them up. What ur doing is amazing xxx

Tess Chauveau Congratulations on your achievements. I look forward to your further progress.

Michael Fielding Thanks for her in doors seedlings and delivered by cllr Morgan

Jane DeVries You have done an amazing job, such a force for positivity



Val Physick Here's the cauliflower you gave me as a seedling. My mindees were delighted. Thank you x

Julia Wright just had my seedlings delivered thank you so much for them ... they have been planted but have never grown veg before so wish them luck

Pauline Patricia Thank you so much for my seedlings and seeds received yesterday courtesy of our local councillor. I'm so grateful, thank you



Emma Robertson Wow, my seedlings have all grown at rapid speed! Cauliflower is huge!

Pedal Away Dave was so thrilled with his on Wednesday. Thanks for all your hard work to bring this to your community



Jennifer Kelly Thank you so much !

Helen C Murphy Many thanks for the delivery to my mum today! We're both keen gardeners

Shari Mpore Gacina Thanks for everything you do to keep the community going especially at this challenging time. Well done!

Maureen Walsh Had my first peas yesterday, ate straight from the pod as so sweet

Andy Bishop Fantastic work being done here. Great to see such wonderful support for our local community. I'm looking forward to working with you

Tasha Whittaker Thank you very much for our seedlings and plants today everyone Sophia was made up up gardening today xxx

Linda Quayle You and all the volunteers are doing fantastic work, the community is very lucky to have you.